

GREENLAWNS SCHOOL, WORLI
TERMINAL EXAMINATION: 2020-2021
PHYSICAL EDUCATION

No	Exam	Marks
1	Class Assessment 10+10	20
2	Project Work	20
3	Terminal Exam	60
		Total- 100

Class Assessment (10 Marks)

- 1) Describe the adolescence stage of development. (2)
- 2) Describe the adulthood stage of development. (2)
- 3) How does heredity influence growth and development? (2)
- 4) How does gender influence growth and development? (2)
- 5) How does environment influence growth and development? (2)

Class Assessment (10 Marks)

- 1) What do you mean by physical education? (2)
- 2) State any two physical development objectives of physical education. (2)
- 3) State any two psychological development objectives of physical education. (2)
- 4) State any two social development objectives of physical education. (2)
- 5) State any two emotional development objectives of physical education. (2)

Project Work (20 Marks)

Introduction of Cricket.

Draw a diagram ground measurement fielding positions.

Name of the player and personal information.

Career and achievement in cricket.

Performance of national and international

Question 5

- a) Explain the following terms in cricket: [6]
1) The wicket keeping 2) Twelfth man 3) Googly
- b) i) State any three duty of captain in cricket? [9]
ii) List any three Protective Equipment's used by the batsman?
iii) State any three ways by which runs are scored.

FOOTBALL

Question 6

- a) Explain the following terms in football: [6]
1) Long Pass 2) Centre circle 3) Extra time
- b) i) State three procedures that will be followed during a kick off. [9]
ii) What is a penalty arc and why is it important?
iii) Explain the procedure in detail for the Tie-breaker in the game of Football.

Question 7

- a) Explain the following terms in football: [6]
1) Kicking 2) Sudden death 3) Through pass
- b) i) List any three duties to be performed by the captain of the team. [9]
ii) Mention any three duties of referee before the match?
iii) State any three duties of the fourth official.
